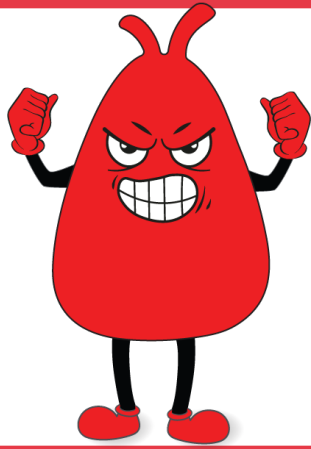
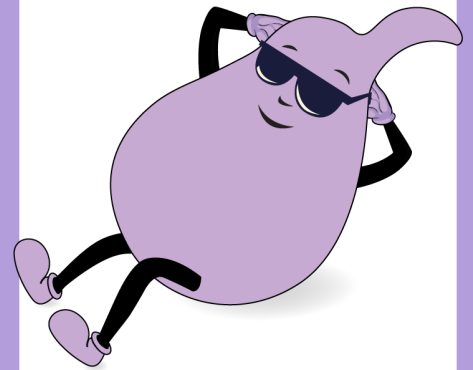




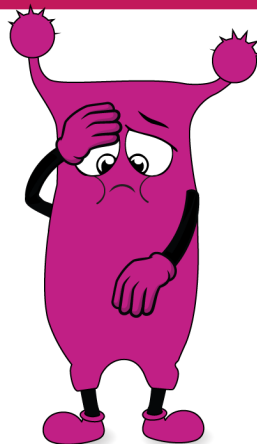
ANGRY

Describe a time
you felt this way



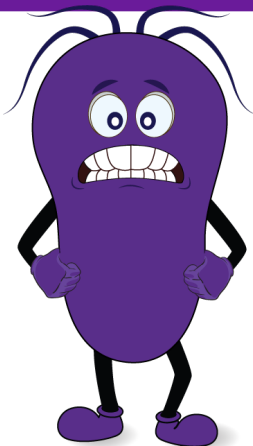
CALM

Describe a time
you felt this way



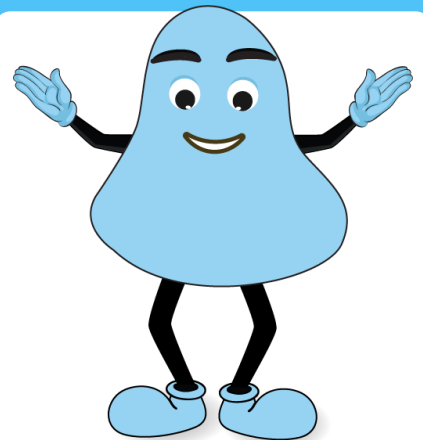
EMBARRASSED

Describe a time
you felt this way



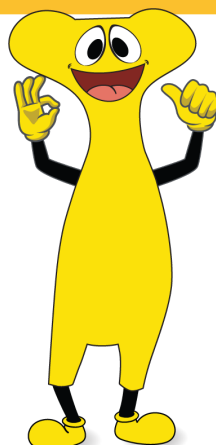
FRUSTRATED

Describe a time
you felt this way



GRATEFUL

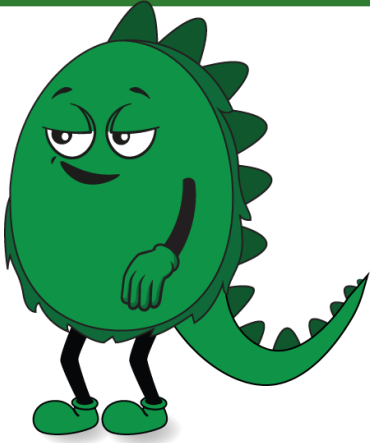
Describe a time
you felt this way



HAPPY

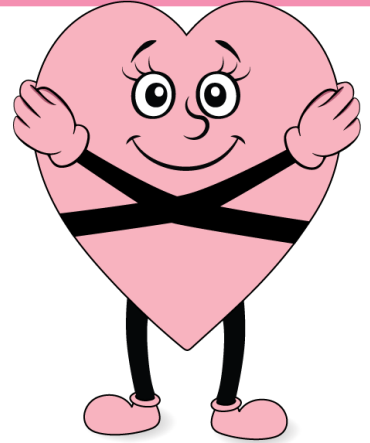
Describe a time
you felt this way





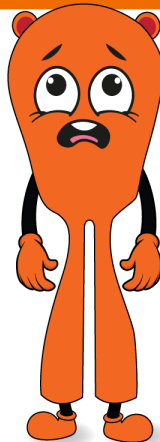
JEALOUS

Describe a time
you felt this way



LOVED

Describe a time
you felt this way



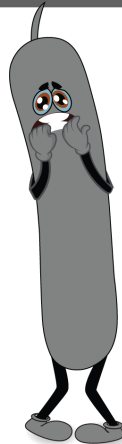
OVERWHELMED

Describe a time
you felt this way



SAD

Describe a time
you felt this way



SCARED

Describe a time
you felt this way



TIRED

Describe a time
you felt this way



Big Feelings Match Game

Printable Companion — Single-Sided Printing

Use this option if printing single-sided and mounting the cards onto cardboard or oak tag.

What you need

- A color printer
- US Letter paper (regular or cardstock)
- Oak tag, cardboard, or a clean delivery box
- Glue stick or spray adhesive
- Scissors or a paper trimmer
- Optional: laminator for extra durability

How to play

- Shuffle all cards and place face-down in a grid
- Players take turns flipping two cards
- A match is one character image + its matching emotion word card
- When you find a match, take turns sharing a time you felt that way
- Continue until all pairs are found

Level suggestions

- Level 1 — 4 pairs (8 cards) for younger children
- Level 2 — 6 pairs (12 cards)
- Level 3 — 8 pairs (16 cards)
- Use the whole deck (12 pairs / 24 cards) for the full game

How to print

- Print at 100% / Actual Size (NOT “Fit to page”)
- Single-sided, color, high quality
- Print sheet 1 (fronts) first and check the registration tick prints cleanly before printing the rest

Single-Sided Assembly

For a more durable project, use oak tag, cardboard, or a clean delivery box.

- Paste one printed page of card fronts onto the cardboard.
- Cut out the entire page as one rectangle (do not cut the individual cards yet).
- Flip the rectangle left-to-right (like turning a page) and paste the matching printed back page onto the reverse side, carefully aligning all four edges — hold both sheets to a light and confirm the registration tick in the top-right corner lines up before pressing down.
- Once both sides are attached and aligned, cut out each individual card.
- Repeat for the second set of cards.

